**COVID-19 Member Preparedness Training**

## These job site protocols are based on;

#### New OSHA standards and regulation

#### OSHA guidance

#### Employer policy

#### Legal advice

## Coronavirus Disease 2019 (COVID-19) is a;

#### a)Type of influenza

#### A disease of the digestive system caused by bacteria

#### Respiratory disease caused by the SARS-CoV-2 virus

#### Disease present only in congested areas

## Which of the below is not a symptom of COVID-19;

#### Fever

#### Cough

#### Skin Rashes

#### Shortness of Breath

## COVID-19 is spread mainly from;

#### Person to person contact between people within about 6 feet

#### Respiratory droplets from cough or sneeze landing in the mouth or nose of others

#### Respiratory droplets inhaled into the lungs

#### All of the above

## People are thought to be most contagious when;

#### They are most symptomatic

#### They are sleeping

#### They are initially exposed

#### They fail to report exposure

## The latest information about COVID-19 is available on

#### MSNBC

#### The internet

#### www.cdc.gov/coronavirus/2019-ncov/ about/transmission.html

#### Social media

## Which is not an important step for every employer to take;

#### Require workers to be present regardless of circumstances

#### Implement basic infection prevention measures

#### Develop policies and procedures for infection control

#### Follow existing OSHA Standards

## Classifying Worker Exposure to SARS-COV-2 is important to;

#### Help manage project costs

#### Enable workers to pick their jobs

#### Identify industry advantages

#### Help employers determine appropriate precautions

## Workers should not return to work until;

#### You feel better

#### The day after all symptoms have passed

#### At least 3 days after all symptoms have passed

#### At least 3 days after symptoms have first appeared

## Workers should not return to work until;

#### You feel better

#### The day after all symptoms have passed

#### At least 1 day after all symptoms have passed

#### At least 7 days after symptoms have first appeared

## If you feel sick, uncomfortable of unsafe, you should:

#### Fight through it

#### Talk to your friends about it

#### Stay home

#### Go to work regardless

## To limit physical contact with others;

#### Increase personal space to 6 feet where possible

#### Limit in-person meetings and use on-line or phone meetings

#### Take breaks in shifts with smaller groups

#### All of the above

## Enhance Social Distancing by;

#### Avoid hoists and elevators for less than 5 flights of stairs

#### Shaking hands

#### Meeting in large groups

#### Sharing food

## When entering a new job site;

* + 1. Speak with everyone you see
    2. Shake hands with your new foreman
    3. Inquire who the employer has designated as COVID-19 representative
    4. Just get straight to work

## If someone in your household is confirmed with COVID-19;

* + 1. Notify your supervisor
    2. Keep it to yourself
    3. Take Tylenol
    4. Try to stay at work longer

## If you are confirmed with COVID-19;

* + 1. Notify your fellow employees
    2. Keep it to yourself
    3. Take Tylenol
    4. Try to stay at work longer

## If you have worked within 6 feet of a co-worker who is confirmed with COVID-19;

* + 1. Monitor your temperature
    2. Don’t shake hands with them
    3. Wash your hands
    4. Go home immediately

## When attending Safety meetings;

* + 1. Signal attendance verbally to an individual recording attendance
    2. Do NOT pass around sign in sheets
    3. Do NOT share an iPad or tablet to record attendance
    4. All of the above

## If employers are conducting pre-entry screening;

* + 1. Protect your personal information
    2. Hide any symptoms you may have
    3. Answer all questions openly and honestly
    4. Try to avoid any sensitive information

## If your temperature exceeds 100.4 degrees

* + 1. Take Tylenol
    2. Leave and don’t return to work for at least 3 days after your temperature returns to normal
    3. Wait 15 minutes and have your temperature retaken
    4. Stop around and visit your co-workers

## Wash your hands;

* + 1. Frequently
    2. Before eating, smoking or drinking
    3. With soap and running water at least 20 seconds
    4. All of the above

## How should you disinfect and clean touched surfaces.

* + 1. With any rag that is handy
    2. Use disinfectant wipes frequently on surfaces (doorknobs, keyboards, desktops, etc)
    3. Only in bathrooms
    4. When they appear dirty or smeared

## Cover your nose and mouth when;

* + 1. When you sneeze or cough
    2. If you hear someone cough
    3. When you are near a window
    4. If you don’t feel well

## Before returning home from work you should;

* + 1. Stop for a beer
    2. Change your clothes
    3. Call home to tell someone you are coming
    4. Get gas in your truck

## To avoid infection, PPE should be shared with co-workers;

* + 1. Never
    2. When they forgot their own
    3. When they are working on higher risk projects
    4. If they need something extra you brought

## Job site visitors should be;

* + 1. Discouraged
    2. Subject to the same pre-entry screening as workers
    3. Required to practice social distancing, hand washing and related protocols
    4. All of the above

1. At Lunch Break it is recommended practice to
   * 1. All eat together in a circle
     2. Eat in job trailer in superintendent office
     3. Not congregate and wipe all common areas with disinfectant
     4. Go home for lunch
2. Where can I go to find a resource to properly disinfect my Head & Eye Protection?
   1. New York Post
   2. CNN
   3. MSA Cleaning Guide
   4. US Dept of Education
3. What is a some common step employers can take to reduce workers risk of exposure to SAR-CoV-2?

a)Deflect problems

b) Prepare and Implement Basic infection Prevention Measures

c) Follow the lead of a sub contractor

d)Arrange a carpool to get workers to and from the project

1. How could a COVID-19 outbreak affect the workplace?
   1. Absenteeism
   2. Change in patterns of commerce
   3. Interrupted supply/delivery
   4. All of the above